

Tenth Sunday after Pentecost

Aug 2, 2026

WELCOME & LAND ACKNOWLEDGEMENT

Out of respect and in the spirit of truth, we acknowledge that we gather in community on land which is Treaty 7 territory and the traditional territory of the Blackfoot people of the Canadian Plains. We honour the Blackfoot people past, present and future, and the Metis Nation of Alberta, Region III. May our actions and choices demonstrate open hearts, kindness, and compassion towards all who call this place home.

COMMUNITY LIFE

Church Campout – Aug 23-25 at Park Lake. Sign up sheet in our Place of Welcome.

INTRODUCTION

In today's first reading, Jacob wrestles all night with God and is forever changed by the encounter. We also hear one of the gospel stories of Jesus feeding multitudes of people - five thousand men besides women and children. That's lot of mouths to feed! The disciples wanted to send the crowds away because there was not enough to eat. Yet, a crowded table is just what Jesus envisions the kingdom of heaven to be like.

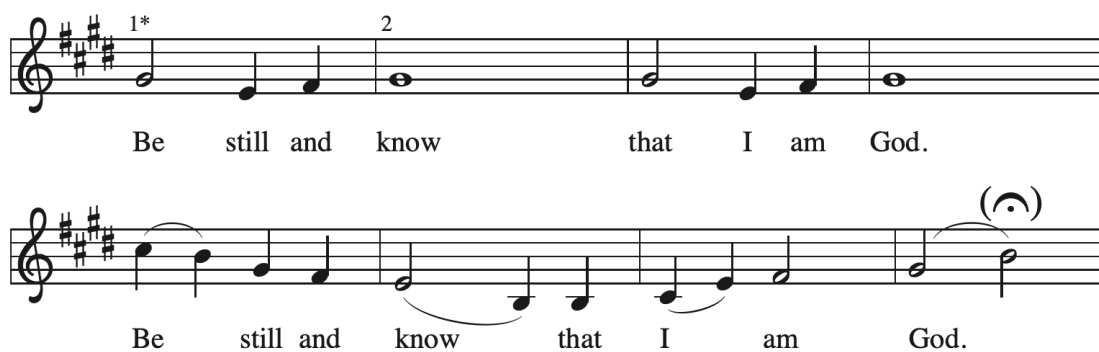
We take a moment to center our hearts and minds for worship.

GATHERING

All may make the sign of the cross as the leader begins

Blessed be the holy Trinity,
✝ one God,
who greets us in this and every season,
whose word never fails,
whose promise is sure. **Amen.**

"Be Still" ACS 1083 – piano, guitar, bass, rainstick



PSALM 17:1-7, 15

Hear a just cause, O LORD, give heed to my cry;
listen to my prayer, which does not come from lying lips.

**Let my vindication come forth from your presence;
let your eyes be fixed on justice.**

Examine my heart, visit me by night,
melt me down; you will find no impurity in me.

**I have not regarded what others do;
at the word of your lips, I have avoided the ways of the violent.**

My footsteps hold fast to your well-worn path;
and my feet do not slip.

**I call upon you, O God, for you will answer me;
incline your ear to me and hear my words.**

Show me your marvelous lovingkindness,
O Savior of those who take refuge at your right hand from those who rise against them.

**But at my vindication I shall see your face;
when I awake, I shall be satisfied, beholding your likeness.**

"Lord of All Hopefulness" ELW 765



1 Lord of all hope - ful - ness, Lord of all joy,
2 Lord of all ea - ger - ness, Lord of all faith,
3 Lord of all kind - li - ness, Lord of all grace,
4 Lord of all gen - tle - ness, Lord of all calm,



whose trust, ev - er child - like, no cares could de - stroy:
whose strong hands were skilled at the plane and the lathe:
your hands swift to wel - come, your arms to em - brace:
whose voice is con - tent - ment, whose pres - ence is balm:



be there at our wak - ing, and give us, we pray,
be there at our la - bors, and give us, we pray,
be there at our hom - ing, and give us, we pray,
be there at our sleep - ing, and give us, we pray,



your bliss in our hearts, Lord, at the break of the day.
your strength in our hearts, Lord, at the noon of the day.
your love in our hearts, Lord, at the eve of the day.
your peace in our hearts, Lord, at the end of the day.

GREETING & PRAYER OF THE DAY

The grace of our Lord Jesus Christ, the love of God,
and the communion of the Holy Spirit be with you all.
And also with you.

It is our delight to pray. God beyond all seeing and knowing, we meet you in the night of change and crisis and wrestle with you in darkness and doubt. Give us the will and spirit to live faithfully and to love as we are loved, through Jesus Christ, your Son. **Amen.**

FIRST READING: Genesis 32:22-31

We continue with another episode in Jacob's story today. He has parted ways with his father-in-law Laban and is about to meet his brother Esau after years of division. Jacob wrestles all night with "a man," who is identified as God. When God wants to get away as dawn is breaking, Jacob does not let God go until God has blessed him. Jacob's name is changed to Israel, which likely means "he who strives with God," marking his new relationship with God as he enters the land.

A reading from Genesis.

[At night Jacob] got up and took his two wives, his two maids, and his eleven children and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone, and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket, and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, yet my life is preserved." The sun rose upon him as he passed Peniel, limping because of his hip.

For the word of God in scripture,
for the word of God among us,
for the word of God within us,
Thanks be to God.

CHILDREN'S MESSAGE

GOSPEL ACCLAMATION – “Lord, Let My Heart be Good Soil” WOV (sing once)

Lord, let my heart be good soil, o-pen to the seed of your word.

Lord, let my heart be good soil, where love can grow and peace is un-der-stood.

When my heart is hard, break the stone a - way. When my heart is cold,

warm it with the day. When my heart is lost, lead me on your way.

Lord, let my heart, Lord, let my heart, Lord, let my heart be good soil.

GOSPEL: Matthew 14:13-21

The holy gospel according to Matthew.

Glory to you, O Lord.

Now when Jesus heard [about the beheading of John the Baptist,] he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd, and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven and blessed and broke the loaves and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled, and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

The gospel of the Lord.

Praise to you, O Christ.

Today's sermon has been prepared and shared by Carmen Ramirez, Assistant to the National Bishop, Diversity, Equity and Inclusion.

SERMON [VIDEO](#)

HYMN OF THE DAY "Where Is Bread?" (Tune Abbot's Leigh: 'God Is Here!' ELW 526)

"Where is bread?" the great crowd murmured —
thousands strong, yet all in need.
"Where is bread?" your people wondered,
faced with such a crowd to feed.
Who, Lord Jesus, could have guessed it?
One small boy brought food to share.
Taking what he gave, you blessed it;
all were fed, with much to spare.

Where is bread? We know their yearning;
every day, we wish for more.
God, in time, we're slowly learning:
all we own can make us poor.
Our possessions can possess us,
leaving hunger deep inside.
Christ our source, come now and bless us;
Spirit-filled we're satisfied.

"Where is bread?" the call is rising;
millions cry who must be fed.
God, your answer seems surprising:
"You, my Church, you give them bread."
Bread to fill each hungry spirit,
bread for hungry stomachs, too!
Give us bread and help us share it.
Richly blest, may we serve you.

A NEW CREED

We are not alone,
we live in God's world.

We believe in God:
who has created and is creating,
who has come in Jesus,
the Word made flesh,
to reconcile and make new,
who works in us and others
by the Spirit.

We trust in God.

We are called to be the Church:
to celebrate God's presence,
to live with respect in Creation,
to love and serve others,
to seek justice and resist evil,
to proclaim Jesus, crucified and risen,
our judge and our hope.

In life, in death, in life beyond death,
God is with us.

We are not alone.

Thanks be to God.

SHARING THE PEACE

The peace of the Lord be with you always.
And also with you,

OFFERING PRAYER

Let us pray. Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts toward those who hunger in any way, that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ, our Savior and Lord. **Amen.**

PRAYERS OF INTERCESSION (WITH SONG)

With bold trust in God's unfailing provision, we pray for the church, those in need, and all of God's creation.

"Come, Bring Your Burdens to God" ACS 1009

Wo - za nom - thwa - lo wa - kho; wo - za nom -
Come, bring your bur - dens to God; come, bring your

thwa - lo wa - kho; wo - za nom - thwa - lo wa - kho, U -
bur - dens to God; come, bring your bur - dens to God, for

ye - s'a - ka - so - za - thi hayi.
Je - sus will nev - er say no.

Loving God, we pray for your church in every place, that it satisfies those who hunger for your word, and stays true to the gospel. Bless the ministry of readers, translators, Bible study leaders, and writers, that God's word is broken open and shared with all.

Loving God, we pray for your wondrous creation and all the bounty it provides, that your creatures are fed and nourished. Bless the work of farmers, farmworkers, those who fish, and all whose labor brings your abundance to our tables.

**Come, bring your burdens to God; come, bring your burdens to God;
Come, bring your burdens to God, for Jesus will never say no.**

Loving God, we pray for your children in every nation, that they learn to love justice and live in harmony. We pray too for the leaders of nations that you would draw their hearts toward your reign of love, hope, and peace.

Loving God, we pray for all who cry out with great sorrow and unceasing anguish, that they are comforted. Feed all who struggle with food insecurity; have mercy on all who are suffering in body, mind, and spirit. We pray especially for Don and Carol, Arne, Kate, Janet D, Dave, Austin, Tiffany, Patrick, Linda H, Carol, Murray, Shirley J., Isobel, Jim N., Clayton P, Marlene and Darcy, Doreen, Clayton and Margaret, Sheila, Ray, Nancy, Alan T, Cherylee, Elda, and those we name silently now . . . [silence]. May they rest in your abiding love.

**Come, bring your burdens to God; come, bring your burdens to God;
Come, bring your burdens to God, for Jesus will never say no.**

Loving God, we pray for this congregation, that it bears faithful witness to the abundance and joy of life in you. Bless all your faithful people gathered here and online, that they may become blessings for this community. We give thanks for Ecumenical Campus Ministry and ask your blessing on them, and they work that they do. Hold in your care William and Marlene Thurlow and Felix and Sharon Tillmanns, as well as Pastor Joel, Vanesa and Hans.

With thanksgiving for the faithful who now rest in your mercy, that their witness continues to inspire the church. By their example, may we trust your promises in life and in death.

Receive our prayers and answer, O God, as you have promised.

**Come, bring your burdens to God; come, bring your burdens to God;
Come, bring your burdens to God, for Jesus will never say no.**

All this we ask in the name of your Son, Jesus Christ our Lord. Amen.

Gathered into one by the Holy Spirit, let us pray as Jesus taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and forever. Amen.**

BLESSING

Almighty God,
Father, ✚ Son, and Holy Spirit,
bless you now and forever. **Amen.**

SENDING SONG "May You Run and Not be Weary" W&P 97 (Sing twice)

May you run and not be wea - ry. May your
heart be filled with song. And may the
love of God con - tin - ue to
give you hope and keep you strong. And may you
run and not be wea - ry. May your
life be filled with joy. And may the
road you trav - el al - ways lead you home.

SENDING

Go in peace, for Christ is with you.
Amen. Thanks be to God!

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